

# Alive with the Spirit

## FOCUS

1. As the Church, we believe in the transforming presence of the Holy Spirit in our world.
2. The world will know us as followers of Jesus by the fruits of the Holy Spirit which are visible in our actions.
3. The mystery of the Trinity: God is Father, Son and Holy Spirit.
4. Despite being three distinct, co-equal and co-eternal Persons, the Holy Trinity is still only one God.
5. Jesus' life and mission provides an example of how we should fulfil ours.

*In these lessons your child may have:*

- identified how the good works of individuals reflect the presence of the Holy Spirit;
- identified people whose actions show the various fruits of the Holy Spirit;
- demonstrated through word, symbol or art an understanding of each Person of the Trinity;
- explored how Jesus' life and mission provides an example of how we should fulfil ours;
- developed a personal mission statement.

### Galatians 5: 22-24

What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desires. Since the Spirit is our life, let us be directed by the Spirit. We must stop being conceited, provocative and envious.

### Matthew 28: 16-20

Jesus said, "Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know I am with you always; yes, to the end of time."

### Luke 4: 16-20

Unrolling the scroll Jesus found the place where it was written and read: The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the down trodden free, to proclaim the Lord's year of favour. He then rolled up the scroll, gave it back to the assistant and sat down.

And all eyes in the synagogue were fixed on him. Then he began to speak to them, "This text is being fulfilled today even while you are listening."

## SUGGESTED HOME ACTIVITIES

The following are suggested activities for you to do with your child.

1. Encourage your child to collect good news stories from newspapers and magazines of people who are positive role models.
2. Encourage your child to nominate times they or a family member demonstrated one of the fruits of the Holy Spirit.
3. Discuss with your child ways in which you strive to lead a Christian life.
4. Explain to your child that we express our belief in the Trinity every time we make the Sign of the Cross.
5. Encourage your child to complete the activity provided with this sheet.
6. More activities can be found at [www.ccdsydney.catholic.edu.au](http://www.ccdsydney.catholic.edu.au) Click on **Home Activities**.

## TO REMEMBER:

*We must never tire of doing good.*

Find the Fruits

of the Spirit

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I J G  
D T O P  
Y E Y H  
O T U R T L X G A J  
I P L O V E S U O Y G T  
H G E N E R O S I T Y O E  
J M O P A T I E N C E D O D  
F G E N C H A R I T Y S D A  
F A I T H F U L N E S S N E  
T S E L F C O N T R O L E L  
G E N T L E N E S S N S O  
T O K I N D N E S S L S P  
P Q P E A C E T O D M  
Z S P I R I T A O N



Dear God, may we with the help of your Holy Spirit live faithfully as followers of Jesus. Amen.