

5 Jesus feeds us

FOCUS

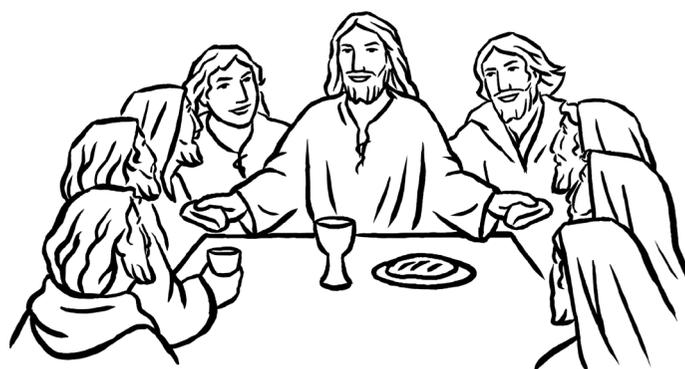
1. The Sacraments are signs given to the Church by Jesus, giving us the life and love of God.
2. Jesus' Body and Blood are given to us in Holy Communion.

During these lessons your child :

- *understood that the word 'Eucharist' means giving thanks or thanksgiving;*
- *recognised that the bread and wine become the Body and Blood of Jesus through the words of the Priest at Mass;*
- *recognised that Jesus shares his life with us by feeding us with his Body and Blood which we receive in Holy Communion.*

Mark 14: 22–24

As they were eating he took some bread, and when he said the blessing he broke it and gave it to them. "Take it," he said. "This is my body." Then he took a cup and when he had returned thanks he gave it to them, and all drank from it, and he said to them, "This is my blood."



SUGGESTED HOME ACTIVITIES

These are some suggested activities to do at home with your child.

1. Read the Bible passage (**Mark 14: 22–24**) to your child. Discuss with your child how we can show Jesus that we appreciate his gift to us.
2. Take your child to Mass on Sunday. Ask them to pay close attention to the special words that change the bread and wine into Christ's Body and Blood.
3. As a family, say the following prayer of thanksgiving to Jesus before sharing a meal: ***Bless us, O Lord, and these your gifts which we are about to receive from your bounty, through Christ our Lord. Amen.***
4. Complete the activity on p. 78.
5. More activities can be found at www.ccdsydney.catholic.edu.au Click on **Home Activities**.

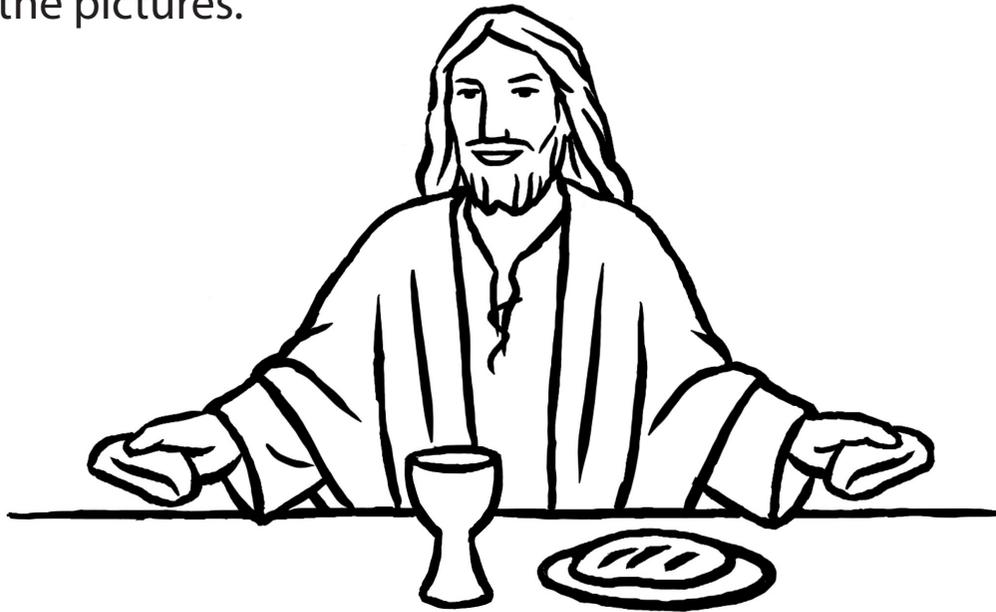
To Remember:

**Jesus gives himself as our food
in the Eucharist.**

Look at the two pictures of Jesus and the priest.

Write the words that Jesus said at the Last Supper which are repeated by the priest at Mass.

Colour in the pictures.



“Take this bread and eat.

This is my _____.”

“Take this cup and drink.

This is the cup of
my _____.”



Dear Jesus,
thank you for sharing your life with us.
Help us to share your life and love with others.
Amen.